



LUNCH CHOICE: PBJ SANDWICH, CHEESE STICK, CRACKER

MARCH 2023

FAIRLESS MIDDLE SCHOOL

ALL MEALS COME WITH CHOICE OF MILK

FAIRLESS LOCAL IS AN EQUAL OPPORTUNITY PROVIDER

TOASTED CHEESE SANDWICH OR SALAD

Monday

Tuesday

Wednesday

Thursday

Friday



BREAKFAST PIZZA

6

ROASTED HOT DOG
OR BBQ RIB SANDWICH
CHEEZ-ITS
BAKED BEANS
FRUIT, MILK

SMOOTHIE

7

TACO TOTS
CORN CHIPS AND SALSA
PEAS
FRUIT
MILK

FALCON MUFFIN

1

CHICKEN TENDERS
CHEEZ-ITS
FRENCH FRIES
GREEN BEANS
FRUIT, MILK

CINNAMON ROLL

2

PANCAKES
SAUSAGE
TATOR TOTS
FRUIT JUICE
MILK

CEREAL, CRACKER

3

COOKS CHOICE
ROMAINE SALAD
FRUIT
MILK

BREAKFAST PIZZA

13

CHICKEN PATTY SANDWICH
OR SPICY CHICKEN SAND.
BAKED BEANS
TATOR TOTS
FRUIT, MILK

SMOOTHIE

14

HAMBURGER OR CHEESEBURG
WITH TOMATO, LETTUCE,
PICKLES, BAKED BEANS
FRENCH FRIES, FRUIT
MILK

FALCON MUFFIN

15

CORNDOG OR
LOADED CORN DOG
SMILE POTATOES
FRUIT
MILK

CINNAMON ROLL

16

SWEET N SOUR CHICKEN
FRIED RICE
RED PEPPER STRIPS
PINEAPPLE, FORTUNE COOKIE
MILK

CEREAL, CRACKER

17

CHEEZY BREAD STICKS
OR BOSCO STICK W/ MARINARA
COLESLAW
JELLO W/ FRUIT
MILK

BREAKFAST PIZZA

20

PANCAKES, FRENCH TOAST
SAUSAGE
TATOR TOTS
JUICE
MILK

SMOOTHIE

21

FALCON MUFFIN

22

POPCORN CHICKEN
MASHED POTATOES
GREEN BEANS
ROLL
MILK

CINNAMON ROLL

23

COOKS CHOICE
CARROTS,
FRUIT
MILK

CEREAL, CRACKER

24

STUFFED CRUST CHEESE PIZZA
BROCCOLI
FRUIT
MILK



MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

BREAKFAST INCLUDES FRUIT & OR JUICE

BREAKFAST \$2.00 REDUCED .30
LUNCH \$3.25, REDUCED .40

W/G = WHOLE GRAIN