

**LUNCH**

LUNCH CHOICE: PJB, CRACKER, CHEESE STICK  
OR SALAD, OR GRILLED CHEESE SANDWICH

**MAY 2023**  
**FAIRLESS MIDDLE SCHOOL**

ALL MEALS COME W/ CHOICE OF MILK

FAIRLESS LOCAL IS AN EQUAL  
OPPORTUNITY PROVIDER

**Monday**

BREAKFAST PIZZA **1**

MINI CORN DOGS  
GREEN BEANS  
FRUIT  
MILK

**Tuesday**

SMOOTHIE **2**

MEATBALL SUB SANDWICH  
CARROTS  
PEARS  
MILK

**Wednesday**

MUFFIN **3**

BBQ PORK SANDWICH  
OR BBQ RIB SANDWICH  
BAKED BEANS, CORN  
FRUIT  
MILK

**Thursday**

COOKS CHOICE **4**

CHICKEN & CHEESE  
QUESADILLA  
SALSA & CHIPS  
ROMAINE SALAD  
APPLESAUCE  
MILK

**Friday**

PARFAIT **5**

SCHOOL LUNCH HERO DAY  
BOSCO STICKS  
MARINARA, TATOR TOTS,  
CARROTS, DIP, FRUIT, MILK

CEREAL, CRACKER **8**

POPCORN CHICKEN  
SPIRAL FRIES  
CORN  
ROLL, FRUIT, MILK

SMOOTHIE **9**

HOT DOG OR CONEY  
FRENCH FRIES  
BAKED BEANS  
FRUIT, MILK,

FALCON MUFFIN **10**

TOMATO SOUP W/ CRACKER  
TOASTED CHEESE SANDWICH  
BROCCOLI SALAD  
FRUIT, MILK

COOKS CHOICE **11**

CHICKEN & NOODLES  
GREEN BEANS  
ROLL  
PEARS, MILK

PARFAIT **12**

CALZONE  
CARROT STICKS  
APPLE SLICES, COOKIE,  
MILK

CEREAL, CRACKER **15**

PANCAKES, SAUSAGE  
TATOR TOTS  
BAKED APPLES  
JUICE, MILK

SMOOTHIE **16**

HOT TURKEY & CHEESE SUB  
SHREDDED, LETTUCE,  
DICED TOMATOES,  
YELLOW PEPPERS RINGS  
CORN, FRUIT, MILK

MUFFIN **17**

CHICKEN PATTY SANDWICH  
PARSLEY POTATOES  
GREEN BEANS  
COOL TROPICS SLUSH  
MILK

COOKS CHOICE **18**

PIZZA CRUNCHERS  
PASTA SALAD W/ VEGES  
CARROT STICKS  
FRUIT, MILK

COOKS CHOICE **19**

PIZZA  
ROMAINE SALAD  
PEARS, MILK

CEREAL, CRACKER **22**

CHICKEN NUGGETS  
FRENCH FRIES  
FRUIT  
MILK

COOKS CHOICE **23**

BOSCO STICKS  
MARINARA SAUCE  
PEAS & CARROTS  
FRUIT  
MILK

FALCON MUFFIN **24**

COOKS CHOICE  
BROCCOLI SALAD  
ICED GRAHAM  
JELLO W/ FRUIT  
MILK

COOKS CHOICE **25**

HAMBURG GRAVY  
MASHED POTATOES  
GREEN BEANS  
FRUIT, MILK

COOKS CHOICE **26**

COOKS CHOICE  
BAKED BEANS  
APPLESAUCE CUPS  
MILK

**HAPPY  
MEMORIAL  
DAY** **29**

**HAVE  
A GREAT  
SUMMER** **30**

**SCHOOL  
RESUMES  
AUG. 22** **31**

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

BREAKFAST INCLUDES FRUIT & OR JUICE

BREAKFAST \$2.00 REDUCED .30

W/G = WHOLE GRAIN

LUNCH \$3.25 REDUCED .40